



# STATE OF SERVICES IN NELSON

## Nelson Committee on Homelessness (NCOH)

August  
13<sup>th</sup>

### FOOD & WATER

#### **SALVATION ARMY: 250-352-3488**

- Drop-in closed including showers. 10am – 12pm for brunch Mon – Thurs. Can use phone during brunch hours.
- Can access bottled water Monday – Friday, 8:30am – 4pm (knock if no one around)
- Food bank & enhanced School Lunch (a.k.a. “Summer Feed the Children”) by appt only. Note: Enhanced School Lunch is available for post-secondary students too.
- Limited supply of PPE available for community members on an ‘as needed’ basis

#### **OUR DAILY BREAD: 250-352-1722 or [office@kcfoffice.com](mailto:office@kcfoffice.com)**

- Drop-in closed, bagged food only Monday-Friday from 12pm – 1pm.
- Home delivery of food is option, email for details (\$20 donation for 22 meals still applies)

#### **NELSON COMMUNITY FOOD CENTRE: 250-354-1633**

- Food Bank open by appointment on Wednesdays from 1pm – 5pm. Call to book appointment.

#### **ST SAVIOUR’S FOOD PANTRY: 250-352-5711 or [kokaneeanglicans@gmail.com](mailto:kokaneeanglicans@gmail.com)**

- Open Friday Mornings, 9am – 11am, one at a time. No coffee service.

### DRINKING WATER

- Fountains/Bottle fill-up:
  - Behind Civic Centre/NDCC parking lot
  - Fountain by the Portland Loo (Baker & Hall Streets)
- Salvation Army:
  - Can access bottled water Monday – Friday, 8:30am – 4pm (knock if no one around)
- ANKORS:
  - ‘Hydration Station’ of organic juice & bottled water, Monday – Thursday 9:30am – 12pm and 1pm – 4:30pm. Knock on front door to ask for this service.
- Stepping Stones Emergency Shelter:
  - Reduced services available in the vestibule, including water, coffee, food

### HYGIENE & PPE

#### **WASHROOMS**

- 24/7 Porta Potty behind Civic Centre/NDCC parking lot
- Portland Loo (Baker & Hall): 5am – 10pm
- Rosemont Park (Skatepark): dawn to dusk
- Wait’s on Nelson: 9am – 4pm Mon – Sat; 9am – 3pm Sundays
- Lions Park: 7am – 7pm
- Lakeside Park: 7am – 7pm
- Tyler Lake Fieldhouse: 7am – 10pm

**SHOWERS:** Tuesdays & Fridays from 1-5pm at Civic Centre (last timeslot starts at 4:30). First come, first served.

**HAND WASH STATIONS (24/7):** Salvation Army; Kootenay Christian Fellowship/ODB; Behind Civic Centre/NDCC Parking Lot

**PPE:** Salvation Army has limited supply

### EMERGENCY SHELTER & TRANSITION HOUSE

#### **STEPPING STONES EMERGENCY SHELTER (Nelson CARES): 250-352-9876**

- At capacity for now, drop-in closed. Reduced services available in the vestibule (coffee, sandwiches, water)

#### **AIMEE BEAULIEU TRANSITION HOUSE (Nelson Community Services): 250-354-4357**

- For women and children leaving domestic violence. Staff remain available to respond to calls 24/7

To update this list, contact Rebecca Martin, NCOH Community Coordinator, at [ncoh@nelsoncares.ca](mailto:ncoh@nelsoncares.ca)



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### MENTAL HEALTH, HARM REDUCTION, OUTREACH

#### ANKORS: 250-505-5506

- Office hours: Monday – Thursday 9:30am – 12pm and 1pm – 4:30pm
- Drop-in closed but they can still provide Naloxone, harm reduction supplies and services during office hours
- OPS running during office hours, one person at a time
- Take-home Fentanyl test strips available during office hours
- Drop-off drug testing with FTIR Spectrometer. For after-hours drop-off, call 250-505-5506 for arrangements
- Gender Outlaws is meeting via Zoom; call ANKORS for details
- Counselling support/info by phone re: HIV, Hep C and pathways to OAT in the region – Laura: **250-505-2426**
- Harm Reduction Outreach in Nelson, Trail, Castlegar, Slocan, Salmo, New Denver, Nakusp – Rob: **250-777-0733**
- Kootenay Boundary Adult Support Recovery Program. For more info please call ANKORS
- 'Hydration Station' of organic juice & bottled water. Knock on front door to ask for this service.
- For more information and a complete list of services and contacts, please go to [ankors.bc.ca](http://ankors.bc.ca)

#### NELSON COMMUNITY SERVICES: 250-352-3504

- Free Brief Counselling Service continues to be available to adults, regardless of situation or need. To self-refer: Call 250-352-3504 or submit via website referral form <https://www.servicesfyi.ca/referral-form/>
- Family, Children and Youth counselling and support programs continue to maintain contact with existing clients and are open to new referrals
- In-person services are now available based on need and ensuring everyone's safety
- Outreach programs - working as part of broader community response to vulnerable populations group
- Aimee Beaulieu Transition House - staff remain available to respond to calls 24/7 (**250-354-4357**)
- Cicada Place - remains open to those who live there; for inquiries call **250-352-3504 x 200**

#### NELSON MENTAL HEALTH AND SUBSTANCE USE: 250-505-7248

- Services open Monday to Friday 8:30am - 4:30pm
- Intake services are available by phone at 250-505-7248 (accepting self-referral and community referral)
- Urgent response services are available, please contact 250-505-7248
- Counsellors and Case Managers, Outreach staff and Psychiatric services are available to MHSU clients/patients. We are providing 1-1 and limited group services through phone, Zoom and in-person where required.
- MHSU Outreach Services delivering bags of non-perishable food items to MHSU clients on Friday afternoons
- Nelson OAT Clinic continuing to provide opiate agonist treatment using video and phone to intake new patients and support care for on-going patients
- Nurse Practitioners providing phone/video-conferencing primary care to current patients and new patients
- If you have any questions please contact Karen Leman, Team Lead, at **250-505-7250**

### LEGAL RESOURCES

#### THE ADVOCACY CENTRE (Nelson CARES): 250-352-5777 or [advocacycentre@nelsoncares.ca](mailto:advocacycentre@nelsoncares.ca)

- Phone/email for help with financial supports, tenancy, debt, legal resources, family law, & support to victims of relationship/sexual violence. In-person appointments can be arranged if needed.
- Monday-Thursday, 9am-4pm (closed over the noon hour)

### EMPLOYMENT RESOURCES

#### KOOTENAY CAREER DEVELOPMENT SOCIETY: 250-352-6200

- Offering all Employment Services virtually, with limited in person services/computer use (by appointment only)



### INDIGENOUS SERVICES

**CIRCLE OF INDIGENOUS NATIONS SOCIETY (C.O.I.N.S.): [coinations@gmail.com](mailto:coinations@gmail.com)**

- Staff providing virtual support and back in office full-time. Seeing clients in-person with protocols
- Visit <https://www.coinations.net/our-programs> for program and staff contact info

### CHILDREN, FAMILIES, YOUTH

**KOOTENAY KIDS SOCIETY: [info@kootenaykids.ca](mailto:info@kootenaykids.ca) or [kootenaykids.ca](http://kootenaykids.ca)**

- Virtual and in-person programming and supports. See online calendar for details: [kootenaykids.ca/events/](http://kootenaykids.ca/events/)

**FREEDOM QUEST: [www.freedomquestyouthservices.ca](http://www.freedomquestyouthservices.ca)**

- Youth Substance Use Counselling: available for phone & secure/confidential video counselling as well as in-person sessions (as needed, with restrictions); **250-505-9804** (Mandy's cell)
- Youth Concurrent Disorders Clinician: available for phone & secure/confidential video counselling as well as in-person sessions (as needed, with restrictions); **250-304-8031** (Liz's cell)
- Day Treatment: postponed until further notice. **250-231-0316** (Cindy's cell)
- Therapeutic Recreation & Recreation Mentorship Program: postponed until further notice. **250-304-5070** (Matt's cell)

**CICADA PLACE (Nelson Community Services): 250-352-3504 x 200**

- Remains open to those who live there; call for inquiries

### SENIORS

**KOOTENAY SENIORS: 250-352-2708 or [info@kootenayseniors.ca](mailto:info@kootenayseniors.ca)**

- NOW accepting NEW clients! Home Support Program provides light housekeeping for seniors on a sliding scale
- Volunteer Driver Program – transportation to seniors to medical/non-medical appts. Seeking volunteer drivers! NO COST TO DRIVERS!
- Free delivery of pre-ordered groceries/pharmacy items to seniors and mobility-challenged persons
- Will deliver pre-made meals from non-profit agencies providing food
- Bi-weekly or weekly telephone check-ins with seniors
- Resources, information & support for advocacy for health care, filling out forms online, banking, landlords, etc.

### LIBRARY

**NELSON PUBLIC LIBRARY: 250-352-6333 [www.nelsonlibrary.ca](http://www.nelsonlibrary.ca)**

- We're open! Mon, Wed, Fri & Sat: 10 – 2 / Tues & Thurs: 2 – 6 / Seniors or high-risk people: Wed & Sat 10-10:30
- Browsing, borrowing, printing, copying, scanning. At this stage, no seating, no washrooms, no public computers.
- Staff continue to answer the phone between 10am – 6pm Mon – Fri (to answer questions)
- WiFi available outside the building. 24/7 Online Library: ebooks, eaudio, online courses, and videos